

Program Rules

The following rules and guidelines have been developed to assist our clients while in treatment. We understand it is important in recovery to maintain personal responsibility, and to be informed of what is expected. By establishing clear guidelines, we hope to assist our clients in behavioral and attitude changes that facilitate long-term recovery.

- Red Rock Recovery House a minimum of 3 month commitment. Red Rock will advocate for a 6 month commitment.
- Residents must participate as a member of a 12 step program AND Red Rock Recovery. This includes but is not limited to:
 - Acquire a sponsor within two (2) weeks of arrival.
 - Actively work the steps.
 - Become a participating member of a home group.
 - Have a minimum of one (1) service commitment.
 - Minimum of one (1) meeting per day OR as scheduled.
 - Attend "circle" Monday thru Friday at 6:30 pm.
 - Complete individually assigned chores in the morning, 5:00pm, and before bed.
 - Curfew is 11:00 pm Sunday- Thursday and 12:00 am Friday and Saturday.
 - No family contact for a minimum of thirty (30) days.
 - No cell phones or other internet accessible electronic devices for a minimum of two (2) weeks.
 - No library or computer usage for a minimum of thirty (30) days unless escorted by staff.
 - No "1 on 1" contact with the opposite sex, including Facebook, phone, notes, etc. until you have been here for three (3) months and have successfully presented your sex ideal.
 - No social media, including Facebook, Instagram, Snap Chat, etc. until you have been here for two (2) months.
 - 11th step and "I am's" and/or "I will" completed every night.
 - Follow any and all other rules made or updated by staff.
 - Alumni program application to be completed and turned in minimum 1 month prior to commencement.
 - Highly suggested to complete a 9th step amends trip home between months 5 and 6.
- Become fully self-supporting:

- Parents may pay the initial admission fee of \$3500. This covers first 8 weeks of food and first 2 months of rent.
- Months 3-6, residents will be required to have obtained employment and pay \$300/ month (\$75/ week).
- No additional financial support or aid from anyone during your stay.
- Groceries are included in initial admission fee. Resident will receive an \$80 food card each week for the first 8 weeks.
- Resident is required to find a job by 10th week in the house.
- Find a job and work a minimum of 25- 30 hours per week.
- No paid “side-work” unless you have a job (i.e. yard work, painting, etc.)
- No commission jobs.

- No work on Sundays. Saturdays are optional during the winter months but during the summer (June – September) we attend many events and you will be required to go; even if it means losing your job.
- Personal hygiene is mandatory.
- Proper clothing must be worn at all times and is DETERMINED by staff.
- No DVD players.
- No new tattoos or piercings.
- No pornography of any kind.
- No physical altercations.
- Noise levels will be kept to a reasonable level determined by staff.
- No instruments or music after 10:00 pm.
- No refusal of any requested drug screening.
- Red Rock Recovery is not responsible for the administration of resident medication or medication costs.
- Residents are responsible for monitoring and managing their medications.