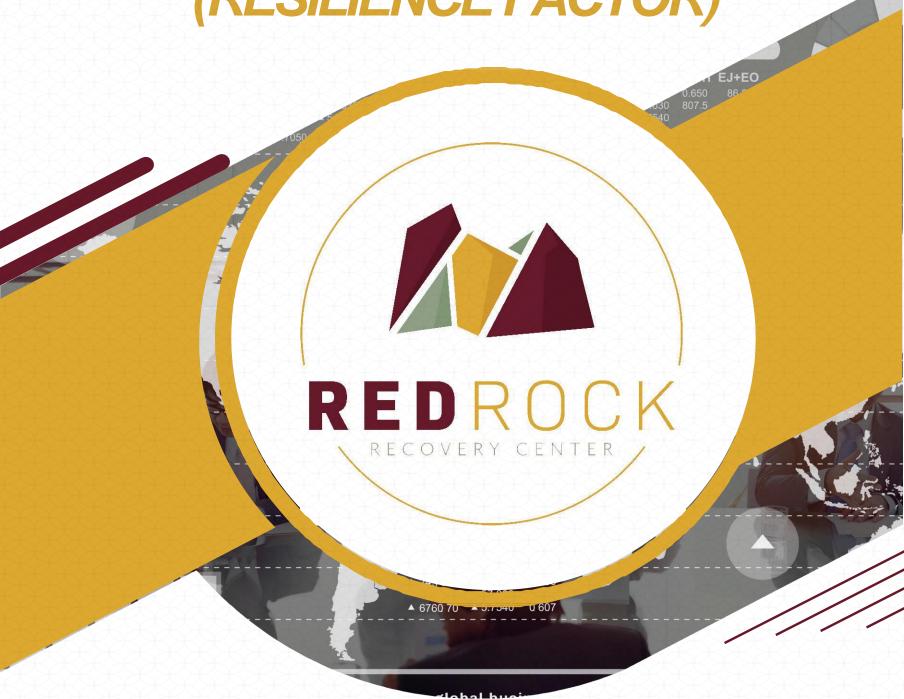
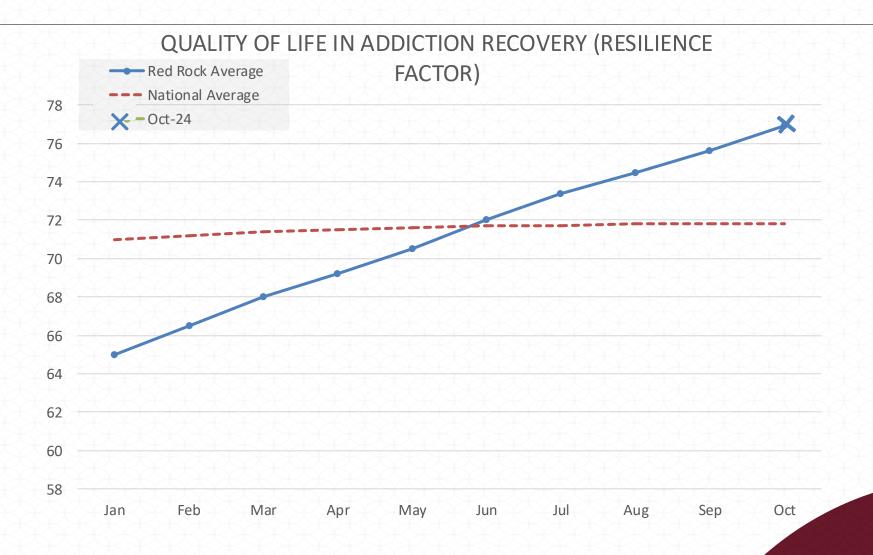
# QUALITY OF LIFE IN ADDICTION RECOVERY (RESILIENCE FACTOR)



Quality of life in addiction recovery assesses changes in perceived life satisfaction from current moment contrast to when they were in active addiction. Higher scores mean that the patient believes the quality of their current sober lifestyle is better than the quality of life while in active addiction.

IN OCTOBER 2024, RED ROCK IS AT A 76.94 AVERAGE FOR QUALITY OF LIFE IN ADDICTION RECOVERY VERSUS THAT NATION AVERAGE AT 71.80 3 WEEKS INTO TREATMENT.



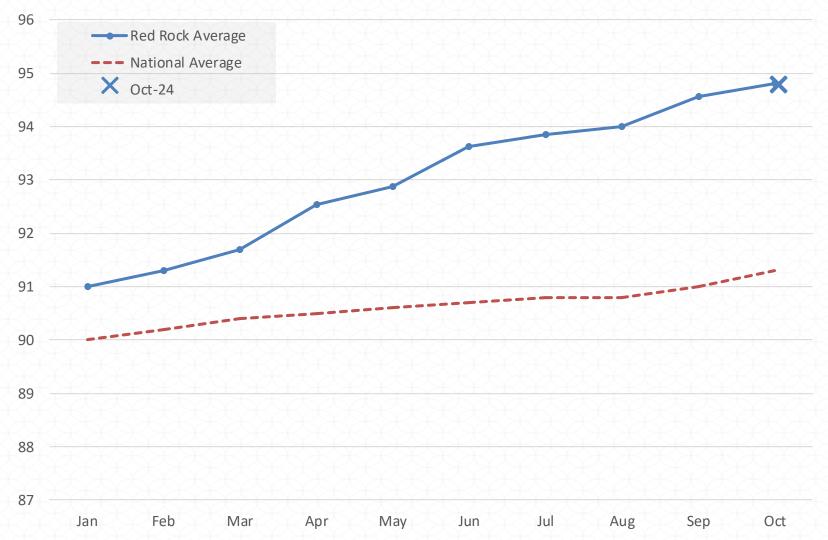
## **COMMITMENT TO SOBRIETY**

# (RESILIENCE FACTOR)

Commitment to Sobriety assesses an individual's intention, desire, and motivation to abstain from alcohol and drug use in the future.

IN OCTOBER 2024, RED ROCK IS AT AN AVERAGE OF 94.80 FOR COMMITMENT TO SOBRIETY VERSUS THE NATIONAL AVERAGE OF BEING 91.30 3 WEEKS INTO TREATMENT.

#### COMMITMENT TO SOBRIETY (RESILIENCE FACTOR)



#### **COMMITMENT TO SOBRIETY: AVERAGE BY WEEK IN TREATMENT**

**Red Rock** 

**National Average** 

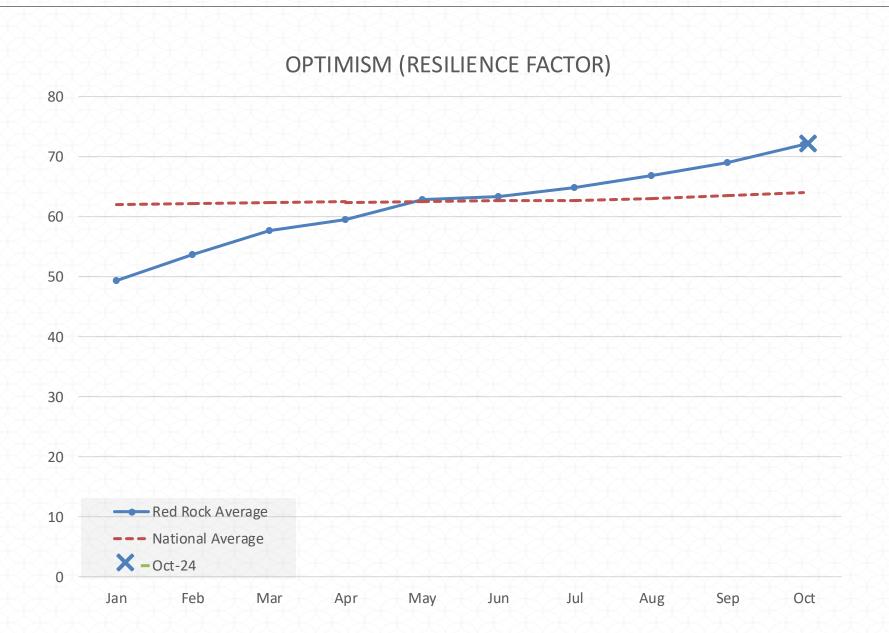
	MEAN	SD	N	MEAN	SD	N
COM Avg Week 1	92.41	12.89	29	88.37	16.32	58796
COM Avg Week 2	94.77	8.60	26	90.05	15.39	45954
COM Avg Week 3	94.80	11.47	20	91.30	14.96	35914
COM Avg Week 4	96.92	6.76	13	91.90	14.92	27130

## **OPTIMISM**

## (RESILIENCE FACTOR)

Optimism measures individual differences in generalized optimism versus pessimism.

IN OCTOBER 2024, RED ROCK IS AT AN AVERAGE OF 72.08 FOR OPTIMISM VERSUS THE NATIONAL AVERAGE OF BEING 63.97 3 WEEKS INTO TREATMENT.



#### **OPTIMISM: AVERAGE BY WEEK IN TREATMENT**

#### **Red Rock**

#### **National Average**

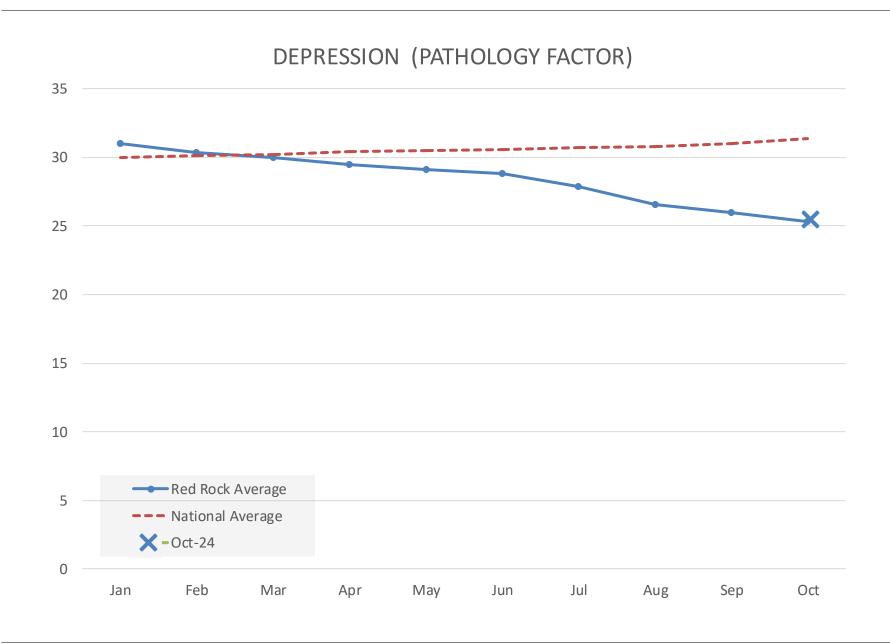
	MEAN	SD	N	MEAN	SD	N
OPT Avg Week 1	67.24	28.75	29	53.75	23.25	58796
OPT Avg Week 2	68.43	30.07	26	59.64	24.13	45954
OPT Avg Week 3	72.08	28.55	20	63.97	24.21	35914
OPT Avg Week 4	74.36	26.67	13	66.39	24.11	27130

### **DEPRESSION**

## (PATHOLOGY FACTOR)

Depression measures symptoms associated with depression, such as restless sleep, poor appetite, and feeling lonely.

IN OCTOBER 2024, RED ROCK IS AT AN AVERAGE OF 25.33 FOR DEPRESSION VERSUS THE NATIONAL AVERAGE OF BEING 31.36 3 WEEKS INTO TREATMENT.



#### **DEPRESSION: AVERAGE BY WEEK IN TREATMENT**

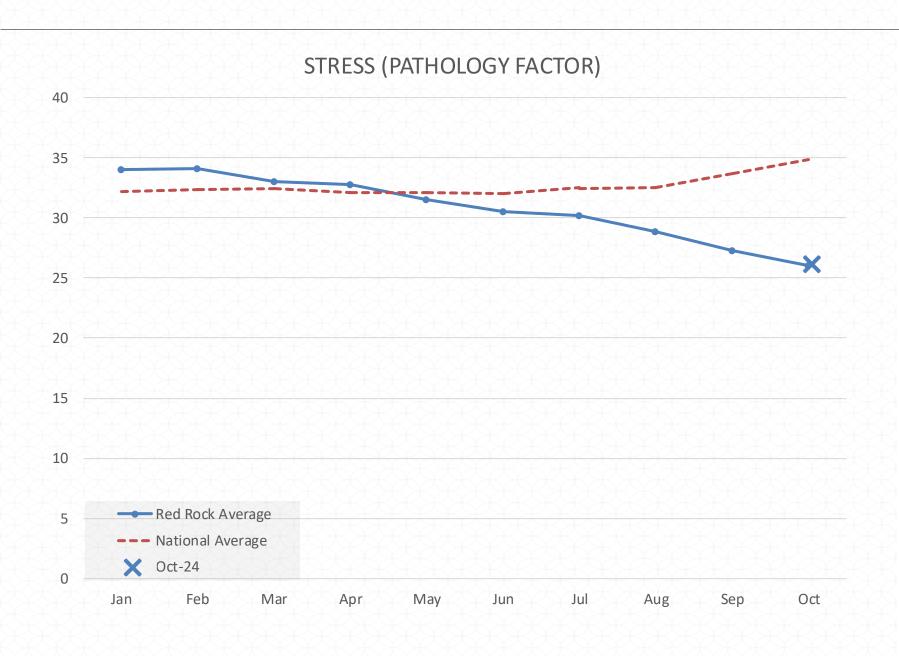
#### Red Rock National Average

	MEAN	SD	N	MEAN	SD	N
DEPR Avg Week 1	37.53	23.13	29	47.07	21.88	58796
DEPR Avg Week 2	30.71	22.50	26	37.27	22.12	45954
DEPR Avg Week 3	25.33	22.44	20	31.36	21.88	35914
DEPR Avg Week 4	25.38	22.73	13	27.71	21.24	27130
Isolated to successful discharge only. Outliers Winsorized at 3SD						

# STRESS (PATHOLOGY FACTOR)

Stress measures the degree to which situations one's life are appraised as stressful.

IN OCTOBER 2024, RED ROCK IS AT AN AVERAGE OF 26.00 FOR STRESS VERSUS THE NATIONAL AVERAGE OF BEING 34.85 3 WEEKS INTO TREATMENT.



#### STRESS: AVERAGE BY WEEK IN TREATMENT

**Red Rock** 

**National Average** 

	MEAN	SD	N	MEAN	SD	N
STR Avg Week 1	42.67	18.61	29	50.87	20.33	58796
STR Avg Week 2	33.12	17.09	26	39.44	19.83	45954
STR Avg Week 3	26.00	15.82	20	34.85	20.16	35914
STR Avg Week 4	28.27	16.05	13	32.27	20.16	27130



## **TRAUMA**

# (PATHOLOGY FACTOR)

Trauma uses a self-report questionnaire to assess PTSD symptoms in individuals exposed to traumatic events, covering re-experiencing, avoidance, and negative moods.

IN OCTOBER, RED ROCK IS AT A 18.96 AVERAGE FOR TRAUMA VERSUS THE NATIONAL **AVERAGE AT 27.84 3 WEEKS INTO TREATMENT** 

